

## TEARS OF A WOMAN

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Tears has often been seen as a sign of weakness by the society. Women mostly are very expressive of their emotions and many times come under criticism or even ridicule because of the fluid of emotions. Tears are the liquid product of a process of lacrimation to clean and lubricate the eyes. Strong emotions such as sorrow or elation may lead to crying. The process of yawning may also result in lacrimation.

There are women who do not cry easily and are seen to be strong whereas, it may be an outward show of strength that may or may not have depth. Tears can come from a compassionate heart. Emotional triggers are most often anger and grief, but crying can also be triggered by sadness, joy, fear, laughter or humor, frustration, remorse or other strongly-expressed emotions. In many cultures, crying is associated with babies and children. Some cultures consider crying to be undignified and so they cast aspersions on those who cry publicly, except if it is due to the death of a close friend or relative. In some cultures, it is not socially acceptable for men to cry. Some modern therapy movements such as Re-evaluation counseling teach that crying is beneficial to health and mental well-being, encouraging it positively.

A little boy asks his mother; 'Why do you cry?' 'Because I am a woman' she answered. 'I don't understand he said, His mother hugged him and said, 'and you never will' God has created the shoulders of a woman to be strong enough to bear the weight of the world, and soft enough to be comfortable. He gave her strength to give life, strength to go on when everybody else gives up. She takes care of her family despite illness and fatigue. She has the sensitivity to love her children unconditionally even when they hurt her deeply and the strength to endure her husband in his faults and to stay at his side without weakening.

There are many situations that arise in the life of a woman from the moment they became matured enough to have relationships that causes the release of tears that continues to flow periodically throughout life. Looking through the Bible I have seen that tears have been an

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expression of the deep compassion that men of God had towards their assignment. Paul wrote in 2 Corinthians 2:4 "For out of much affliction and anguish of heart I wrote unto you with many tears; not that you should be grieved, but that ye might know the love which I have more abundantly unto you"

In the Gospel of Luke Chapter 7 verses 37 & 38, a woman who was a sinner in the city went to Jesus at a Pharisees' house and "stood at his feet behind him weeping, and began to wash his feet with tears, and did wipe them with the hairs of her head, and kissed his feet, and anointed them with the ointment" This woman released herself so much so that the love of God was able to touch her to bring her to her deliverance. Some hearts are so hardened that it requires a special spiritual surgical operation from the Holy Spirit to break them down. People without emotions can be dangerous. Jesus said of the woman in verse 47, 'wherefore I say unto thee, her sins which are many are forgiven; for she loved much..... "

In marriage or relationship situations women shed a lot of tears for different reasons , joy, sadness or heartache because of divorce or separation or stagnancy. Instead of being despised for the emotions expressed, a woman should be received in love by her husband or family and not to be made to feel that her tears are crocodile tears. Crocodile tears have been defined as an insincere display of grief or dishonest remorse. This is from an ancient anecdote that crocodiles would pretend to weep while luring or devouring their prey. This may be true in some cases but I am speaking of women who love deeply and are sincere in their emotions.

Life can be very overwhelming at times and you find out that all you can do is just release the fluid in prayer. Take heart. David wrote in Psalm 6:6, "I am weary with my groaning; all the night I make my bed to swim; I water my couch with my tears" Every tear that you shed is noted by God. Psalm 56:8 states, "Thou tellest my wanderings, put thou my tears into thy bottle: are they not in thy book?" He loves you and will not turn away from your anguish. He has never turned away from mine. For whatsoever situation in your life that your tears are flowing at this time, know that "weeping may endure for the night but joy comes in the morning" (Some of the information culled from the Wikipedia Encyclopedia.

If you a single woman with a child in prison, please give me a call.

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